

First Touch Academy

Teaching the Basics First

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First Touch Academy News

Today at First Touch Academy, the kids learned about Basic Foot Work.

Foot work is so important in soccer because it is how the players get the ball from one end of the field to the other.

Often, the simplest and most basic soccer foot-work drills are the ones

that really enable the player to develop better movement and dexterity. Today, the staff worked with the players to make comfortable with the ball at their feet. This involved learning some basic footwork skills and then working in a 1 v 1 situation with those moves.



Next week, the players will work on Progressive Dribbling.

Green Bay Lightning Club Notes

Green Bay Lightning is one of Green Bay's up and coming competitive soccer clubs with 25 teams, ages 9 to 19, for both boys and girls. The club does not measure success by wins and losses, but in style and quality of the performance of players and coaches. It's a volunteer organization whose mission is: to develop youth soccer players to the best of their abilities and prepare them to play at the highest level at which an individual desires to participate, consistent with their playing ability and commitment." For more information on the Green Bay Lightning Club, go to www.greenbaylightning.org/.

First Touch Academy Sponsors



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