



MOSA

Monmouth Ocean Soccer Association



MOSA Coaches Newsletter

Game Cancellations

MOSA recognizes inclement weather and State Cup matches as the only recurring valid reasons for not playing a match as scheduled. In the event of cancellation due to inclement weather, the home team is responsible to notify the visitor and the Referee Assigner at least two (2) hours before the time of the first scheduled game.

A postponed/canceled game **must** be played within two (2) weeks of the originally scheduled time. The final say on any issues involving rescheduled games is the Games Commissioner/Second Vice President of MOSA.

Player Transfers

Any player transferring from one MOSA team to another MOSA team during the seasonal year (Sept 1 to Aug 31) will be required to sit out five (5) MOSA games prior to further play in MOSA. This does not apply to players transferring to a team within the same club that he/she is carded to. The MOSA Board will grant **no** waiver to this rule. The 5 game sit does not include tournament or state cup games, only MOSA games.

The sit out starts when the new player pass is issued.

Vol. 1, Issue 1, Fall 09



The Game is for the players.

Tournaments

Go to our league website (www.mosa.net) to see a list of tournaments being hosted by clubs within MOSA.

To submit your club's tournament send the information to the league secretary.

Sportsmanship

Everyone involved with any MOSA sponsored activity should realize that the game is for the players and they should experience a sense of enjoyment, satisfaction and accomplishment. Coaches should strive to make their involvement one that is enjoyable and something that the players will want to return to practice/game after practice/game.

Coaches are responsible to ensure the good sportsmanship and conduct of their players, parents and spectators and will be held accountable for any failure to control their behavior. Coaches are responsible for cooperating with the enforcement of all rules of fair play and the rules of MOSA. Violators shall be reported to the MOSA Board of Directors and may result in appropriate disciplinary action.

After every game MOSA encourages teams and coaches to shake hands after the match. Coaches should take care to not let players use this as an opportunity to become aggressive and strike other players.

No abuse of referees by players, coaches or fans will be tolerated. The referee's job is a difficult one; although differences of opinion will arise, referees must be supported since they are essential to the game. Coaches should advise their teams and fans that no one (including coaches) has the right to criticize the referee, demand an explanation of a call, or publicly humiliate the referee. Such actions automatically command a three (3) game suspension whether or not a red card was issued.

All questions, comment and inquiries are addressed to MOSA through each club's representative. It is not possible for the Officers of MOSA to answer questions and field inquiries from the thousands of coaches, players and parents.



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Red Card Penalty for Coaches

At the January 2009 General Membership meeting a change to the red card penalties for coaches was announced. Beginning with the 2009 Spring season any coach receiving a red card will be fined \$100, will be required to sit out **three** games at a minimum and appear before the MOSA Executive Board. The coach will also be required to attend a coaches clinic held by Rick Meana, Director of Coaching, New Jersey Youth Soccer in June of each year. The clinic is mandatory and any coach not attending will not be allowed to coach in MOSA the following season.

Red Card Penalty for Players

Any player red carded in a game sponsored by MOSA will automatically be suspended a minimum of one (1) game. A red card for Violent Conduct or serious foul play which is characterized as "Fighting" will command an automatic suspension of a minimum of three (3) games.

Any player with two (2) or more ejections within a seasonal year may be given a more severe penalty depending on the reasons for ejection and the time between red cards. At the discretion of the Red Card Administrator/ First Vice President, a repeat offender may be subject to review by the Board for disciplinary purposes.

Responsibilities

It is the responsibility of each coach, manager and Club Officer to read the MOSA rules and policies on the MOSA website. A full knowledge of these rules and policies will contribute to the enjoyment of all and eliminate some of the stress that takes place before, during and after matches.

Coaches are responsible to ensure the good sportsmanship and conduct of their players, parents and spectators and will be held accountable for any failure to control their behavior. Coaches are responsible for cooperating with the enforcement of all rules of fair play and the rules of MOSA. Violators shall be reported to the MOSA Board of Directors and may result in appropriate disciplinary action.

Clubs are responsible for all individuals under their jurisdiction (players, coaches and fans). MOSA reserves the right to discipline clubs for the negative actions of their members. Incidents occurring where clubs do not maintain proper control shall be reported to the MOSA Board of Directors for review and possible disciplinary actions.

Your Association Officers will not hesitate to ban, for whatever duration, any individuals teams, or Clubs that cannot abide by the simple policies and rules of this Organization.

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Yellow Cards

MOSA rules allow for a player who is issued a yellow card to be substituted.

This is an excellent practice to allow the player time to cool off after an incident and give the coach a chance to talk with the player about their actions.



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Coach and Player Passes

All coach and player passes must be presented prior to the start of a MOSA game. Players who arrive late must check in with a referee prior to entering the field of play. All coaches and trainers must be on the teams state roster or an add/drop form to stand on the coaches line.

NO PASS—NO PLAY—NO EXCEPTIONS

Players Equipment

Players equipment must conform to FIFA, USSF, USYSA, NJYSA and MOSA regulations.

Players will not be permitted to play in any MOSA sponsored game or activity with a cast of any type. (No solid material) Normal soft braces without any hard exposed material will be permitted, with the approval of the Game Official.

Covering a hard cast with a soft material does **not** constitute a soft cast or soft brace. Knee or other type braces with external buckles or straps must be covered with the soft material that was supplied with the brace and must be worn.

Small Sided Teams

According to MOSA rules in all 8 vs. 8 matches, the players, coaches, parents and spectators shall occupy one side of the field and the visiting team, coaches, parents and spectators shall occupy the opposite side of the field. This is not an optional rule, this is a mandatory rule that coaches must follow. It is not the responsibility of the referee to enforce this rule.

The majority of issues with parents happen at the younger levels of play. In order for the coaches to maintain better control of both their teams and players they are kept on the same side of the field. This also aids the referee in identifying which teams parents are causing an issue so they can work with the appropriate coach to resolve any issues.

Referees are being asked to monitor the situation and in cases where teams are not abiding by the rule to notify their assignor so that MOSA can address the issue with the clubs.

All coaches are reminded that they are to stay on their own side of the Midfield Line within a ten (10) yard area, two (2) yards from the touch line. (This is designated as the "Technical Area")

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Game Cards

A completed MOSA game card must be given to the referee at each match.

You do have the right to ask the ref to fill in the names including the AR's before the game.

The game card is available on the MOSA website under All Forms.