

Mason Dixon Soccer League

Indoor Rules

1. MDSL Indoor Rules 2009-10 Players, coaches, parents and spectators must act appropriately. Negative comments or abusive language will not be tolerated. Those who break this rule will be asked to leave.
2. Referees should be treated in a respectful manner. Anyone who verbally intimidates or abuses a referee will be warned once. If that individual needs to be reminded again, they will be told to leave and will not be permitted to return to the MDSL program.
3. An official score during the game will not be kept. Coaches may keep score, but only for their own purposes. No tournament, championship or all-star games will be played at the conclusion of the season. No trophies will be provided by MDSL for the indoor program.
4. Games will be 36 minutes in length, played in four 9-minute quarters with a brief halftime. Substitutions can occur throughout the game when play is stopped by the referee. When requesting to substitute, the coach should ask, "Sub please". The clock will be kept by the referee on the floor.
5. All players, boys and girls, no matter their skill level, must play an equal amount of time every game and must rotate to different positions throughout the game. If coaches are found to not be rotating players or not giving players equal playing time, they will be warned once. Non-compliance will not be tolerated.
6. Players, coaches and even spectators must wear proper footwear to protect the gymnasium floor. Players must wear their team shirt, with black shorts and soccer socks covering their soccer shin guards. Laced athletic or indoor soccer shoes may be worn in the games. No cleats, velcro or slip-on shoes!!! All shoes must lace up, no Velcro!!! Wearing sweatpants are discouraged. In addition, no jewelry can be worn during the games. It is encouraged that children wear mouth guards to protect their teeth.
7. Those who play in a rough manner will be warned by the referee. If rough play or bad sportsmanship in any way continues, that player will be asked to leave the program.

8. Games will start promptly per the schedule. Be sure your team arrives 15-20 minutes prior to your start time. Warm-up time will be provided at the conclusion of the game prior to yours. Head Coaches are asked to wear the team shirt you were given to each game.
9. The goalie should wear a shirt that is a different color from their team shirts. All players are encouraged to play goalie, but it is not required. Your goalie must also rotate to other positions on the field. The goalie jersey is not supplied by MDSL. Goals may not be scored from inside the goalie safe zone.
10. Basic soccer rules will be applied during the game, except for the offside rule. No slide tackling is allowed and the goalies are not allowed to punt the ball once they pick it up. This requires the goalies to roll or throw the ball back up the field or they can kick the ball from the floor. Also, throw-ins are replaced by sideline kicks. The sideline kicks are indirect kicks and cannot be kicked directly into the goal. Teams will play 7 vs 7 including the goalie in the K-1 Division and 6 vs. 6 including the goalie in the 2-3-4 and 5-6 Division. For the K-1 Division, one coach will be allowed on the floor and one coach will be allowed behind the goal. Coaches on the floor should stay on the far side of the gym (away from the spectators) as much as possible during play and should not delay resumption of play.
11. If the ball touches one of the lights, basketball hoops or strikes the wall above the line, then it is a dead ball and the referee will award the possession of the ball to the other team.
12. At the onset of play, the possessing team must pass the ball to a teammate (two possessing team players must touch the ball) before a goal can be scored. This includes the start of the game and each quarter, after a goal has been scored, and on sideline kicks.
13. If you are playing in the first game of the day, please arrive one half hour before game time to help set up the chairs and goals and provide instruction to your team. Consequently, if you are playing in the final game of the day, please be a good volunteer and stay around for 5-10 minutes and help put away the chairs and clean up. Thanks very much !!! Any questions should be referred to the Coordinator for the MDSL Indoor Program: Jeff Brady 235-3783. Your suggestions and feedback are appreciated. On bad weather days, your coach will call or email you at least one hour prior to your game time in

the event of a cancelled game. Cancellations are also posted on the MDSL website at <http://masondixonsoccer.com>.